



Australian
Human Rights
Commission

**It is your right to live
free from elder abuse**

I am **treated with respect**
by family and friends

I **know** how my **money**
is being spent

I **choose** what happens
in my **home**

Decisions about my life
are in my **best interest**

My will reflects **my**
own **wishes**

I **know** where my
medication is

**If you answered 'no' to
any of these statements,
you may wish to talk to
someone you can trust.**

**1800 ELDERHelp
(1800 353 374)**





Sometimes an older person is harmed by someone they trust, like a family member or friend.

In Australia, we call this **elder abuse.**

Elder abuse can happen in many different ways, like physical harm, financial abuse, sexual abuse, emotional abuse or neglect.

If you need information about elder abuse or help and support for yourself, a family member, friend or an older person, call the National Elder Abuse phone line

**1800 ELDERHelp
(1800 353 374)**

Calls are **free and confidential**

They will arrange a free interpreter

In an emergency, **contact 000**

A collaboration between the Australian, state and territory governments